Welcome to ECHO COVID-19 Action Network Continuation Phase: Session 1

AHRQ ECHO National Nursing Home COVID-19 Action Network

UNM HEALTH SCIENCES | Project ECHO®

AHRQ — Agency for Healthcare Research and Quality

Institute for Healthcare Improvement

Session 1 Agenda

Time	Didactic(s) / Case-Based Discussion(s)
15 minutes	Welcome/Housekeeping/Discussion
5 minutes	Video: As the Virus Turns
5 minutes	California COVID-19 Data Update
15 minutes	Quality Improvement Corner
10 minutes	Post-Vaccination Practices in Nursing Homes
5 minutes	Group Discussion
5 minutes	Wrap-Up and Key Takeaways
30 minutes	OPTIONAL: Questions & Answers/Feedback

Stanford Center for Continuing Medical Education

Questions? Email:
nursingecho@stanford.edu

Accreditation Statement
In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation
American Medical Association (AMA)
Stanford Medicine designates this other activity for a maximum of 27 *AMA PRA Category 1 Credits*^{TM}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)
Stanford Medicine designates this other activity for a maximum of 27 ANCC contact hours.

Disclosure
There are **no relevant financial relationships** with ACCME-defined commercial interests for anyone who was in control of the content of this activity.

CME credits are processed by the end of the series. Instructions on how to view your credits will be provided.

Attendance

- **Claim Attendance.** Check the chat for today's link. Monthly attendance reports will be provided to you.

- **Missed a Session?** Watch the recording and claim participation.

Cohort 1 Attendance

This attendance form is for participants of the Cohort 1 (Alameda, Santa Clara, Contra Costa) ECHO session hosted by Stanford Center for Continuing Medical Education.

First Name *

Last Name

Which session are you marking as attended? *

Select

Participated in Live Session or Watched Recording? *

Live

E-mail Address *
Please make sure that your email address is spelled correctly. We w
any new information to you.

CLAIM ATTENDANCE

ATTENDANCE REPORT

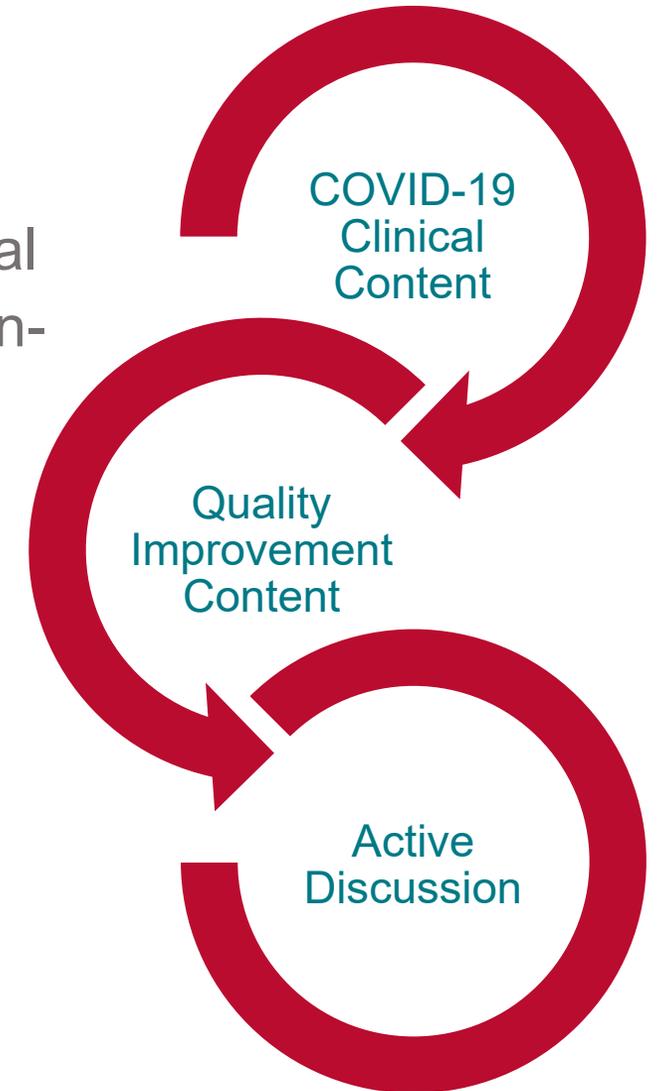**ECHO Nursing Home COVID-19 Action Network**

Session 11 Recording

Respect Private Health Information

- To protect patient privacy, please only display or say information that doesn't identify a patient or that cannot be linked to a patient.

- Names

- Locations

- Dates

- Employment

- Other Common Identifiers

- For educational and quality improvement purposes, we will be recording this ECHO Session. By participating in this ECHO session you are consenting to be recorded – we appreciate and value your participation.

What is Project ECHO?

- The ECHO telementoring model uses a hub-and-spoke knowledge-sharing approach where expert teams lead virtual clinics, amplifying the capacity for providers to deliver best-in-practice care to their own communities.

- **Actively engage** in Zoom meeting conversations
  - Turn on your camera
  - Make sure you are connected to audio
  - Comment in the chat box

- Participate in activities and discussions

- Share your best practices

COVID-19 Clinical Content

Quality Improvement Content

Active Discussion

Project ECHO National Nursing Home COVID-19 Action Network

- The network rapidly assisted nursing homes in implementing evidence-based best practices to protect residents and staff during the COVID-19 pandemic.

- More than 1,000 California nursing homes registered and participated in 33 cohorts

- 16 sessions occurred between November 2020 to March 2021

"The ECHO training service is so valuable as an outlet to allow people to share - Talk about Emotional PPE! I can see how it affects some on the call just to know they are not alone. Thank you so much for that!"

"I really enjoy your segments. We tend to be overwhelmed with all the information and challenges coming out way- I appreciate your advice that we already have the tools to address the challenges if we follow our process improvement."

About the Project ECHO Continuation Phase

- Weekly sessions through August 31, 2021

- Focus on sharing best practices and conversation

- **All provider settings are welcome!**

ECHO Continuation Phase Topics	
Post-vaccination practices	**Vaccine & Testing (ongoing compliance)**
Emotional and Organizational Support for Staff	**Leadership Practices & Behaviors to Support Teams**
Ongoing COVID-19 Identification and Treatment	**Stopping the Spread: Sustainable Infection Prevention**
Addressing & Supporting the Needs of Residents & Families/Care Partners	**Leadership and Communication for COVID-19**

Poll Question

- What facility/organization type do you represent?
  - Nursing Home
  - Assisted Living Facility
  - Intermediate Care Facility
  - Home Health/Home Care
  - Hospital
  - Public Health
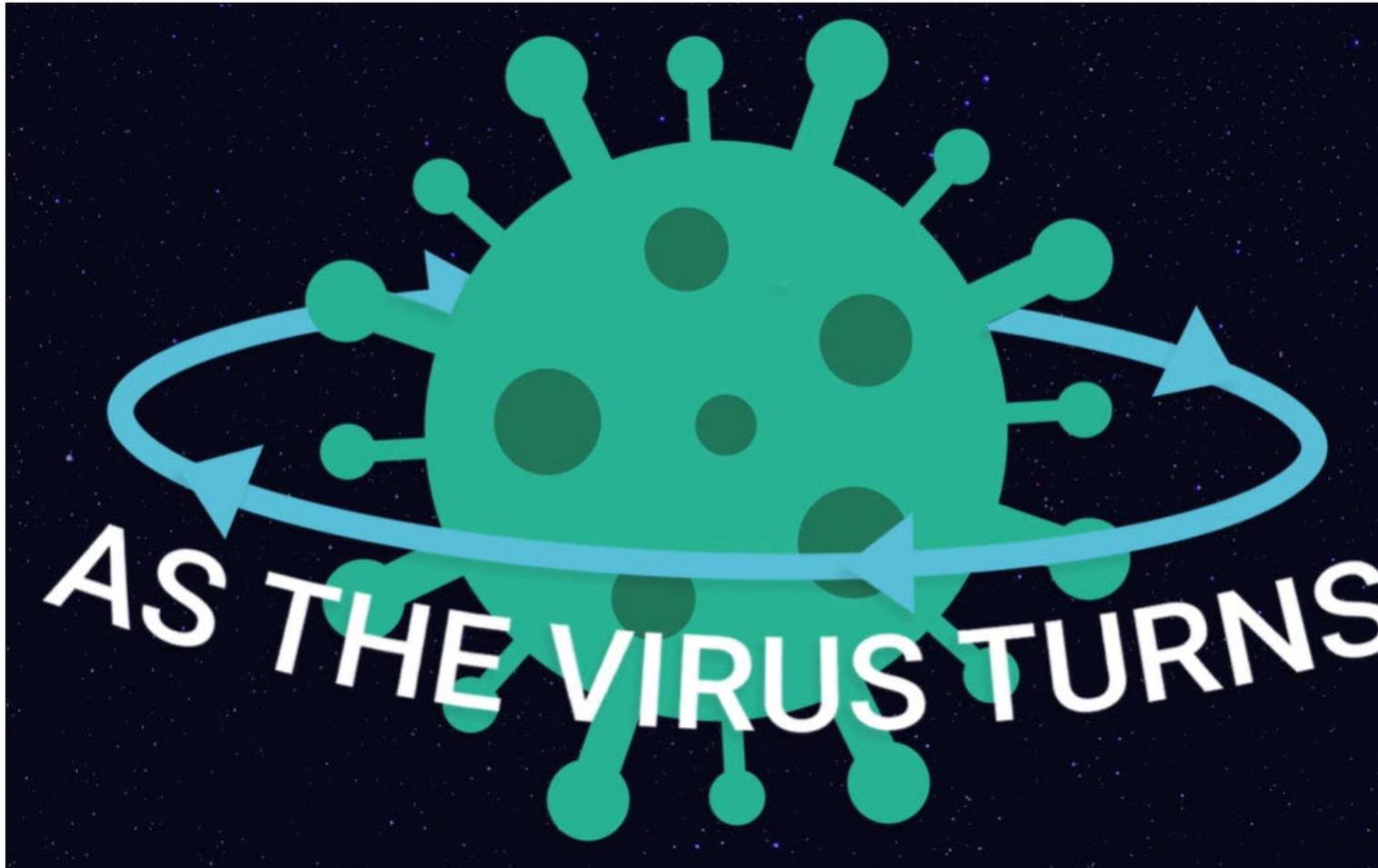 - Stakeholder
  - Other

This Week's Opening Discussion

Do you have any questions or topics that we should be sure to cover in the coming weeks?

Has anything been particularly challenging or frustrating that you would like help advancing?
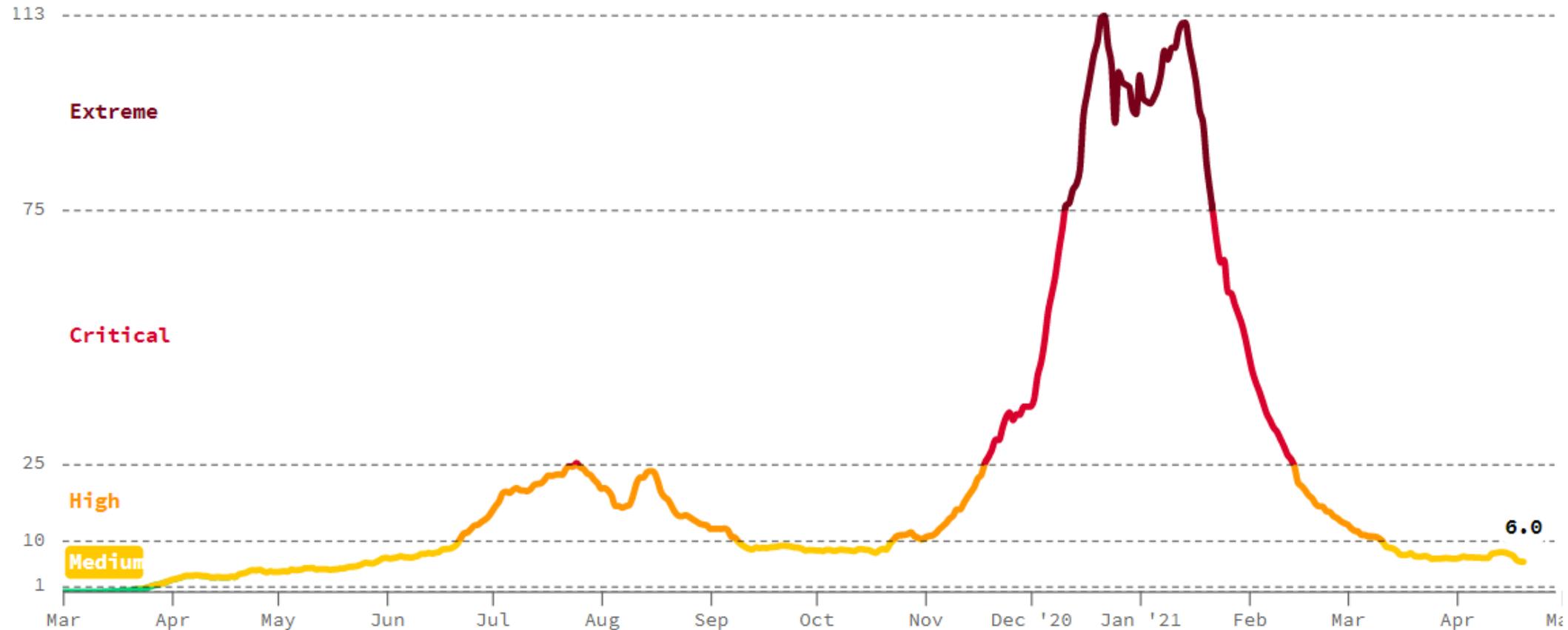
As The Virus Turns: Understanding the Variants

Daily new cases per 100k population ⓘ
CALIFORNIA

Over the last week, California has averaged 2,358 new confirmed cases per day (**6.0** for every 100,000 residents).
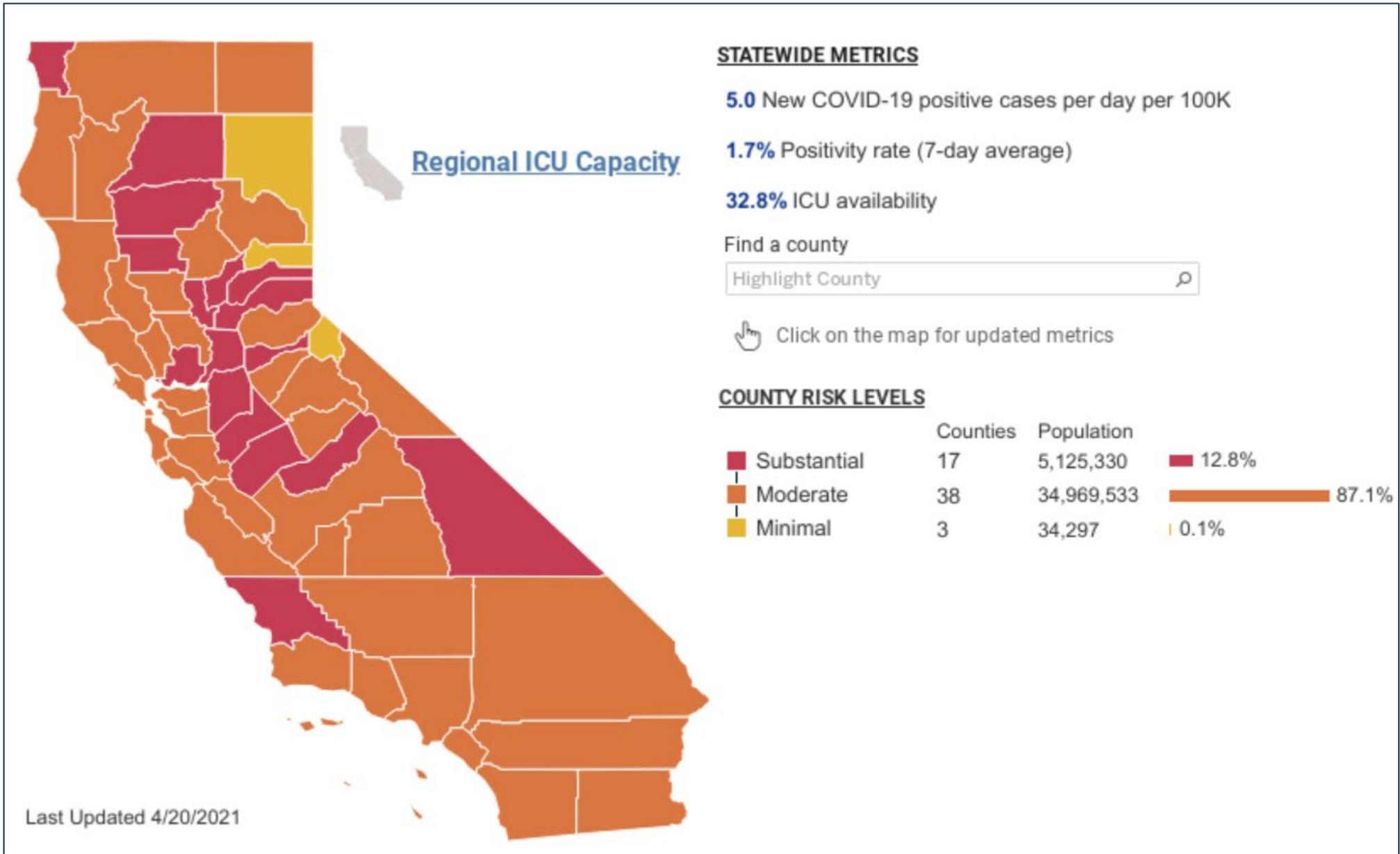
https://covidactnow.org/us/california-ca/?s=1769690

Proportions of SARS-CoV-2 Variants of Concern by State

State	B.1.1.7	B.1.351	B.1.427/B.1.429	P.1	Other lineages	Total Available Sequences
Arizona	16.4%		36.3%	0.8%	46.5%	482
California	17.8%	0.3%	53.3%	1.9%	26.8%	7,582
Colorado	33.3%	0.6%	28.4%	0.9%	36.9%	1,275
Connecticut	29.9%	0.7%	7.4%	0.7%	61.2%	678
Florida	54.6%	0.3%	7.5%	2.8%	34.9%	7,159
Georgia	46.4%	2.1%	4.8%	0.4%	46.4%	1,700

https://covid.cdc.gov/covid-data-tracker/#variant-proportions

STATEWIDE METRICS

5.0 New COVID-19 positive cases per day per 100K

1.7% Positivity rate (7-day average)

32.8% ICU availability

Find a county

Highlight County 🔍

🖐 Click on the map for updated metrics

COUNTY RISK LEVELS

		Counties	Population	
🟥	Substantial	17	5,125,330	▬ 12.8%
🟧	Moderate	38	34,969,533	▬▬▬▬ 87.1%
🟨	Minimal	3	34,297	❙ 0.1%

Regional ICU Capacity

Last Updated 4/20/2021

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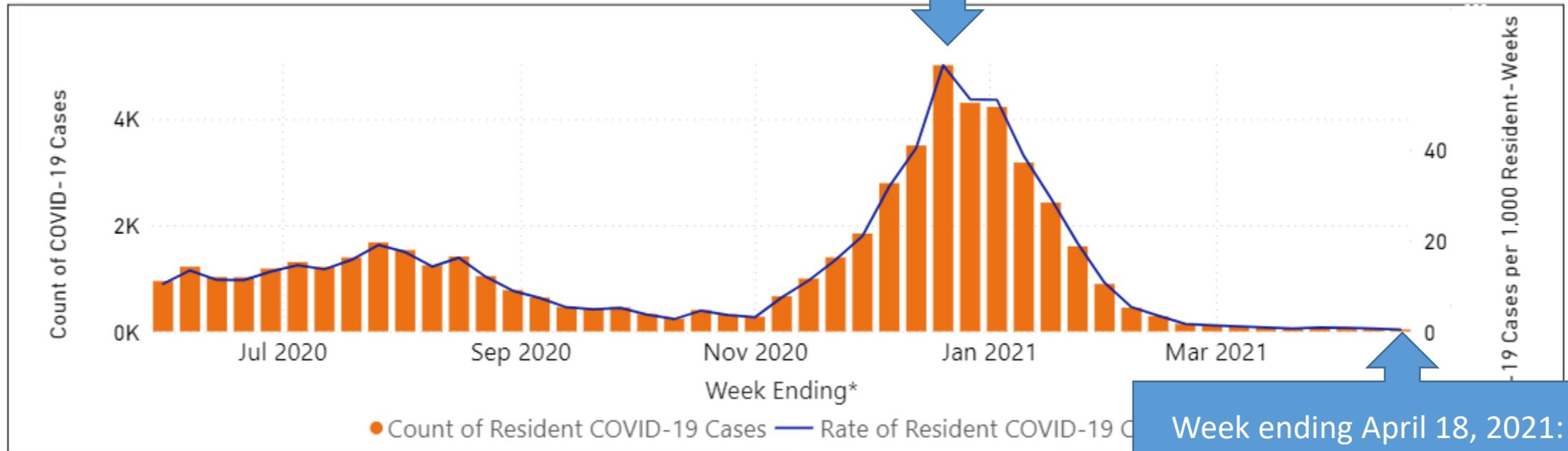**NHSN** NATIONAL HEALTHCARE SAFETY NETWORK

Confirmed COVID-19 Cases among Residents and Rate per 1,000 Resident-Weeks in Nursing Homes, by Week—United States
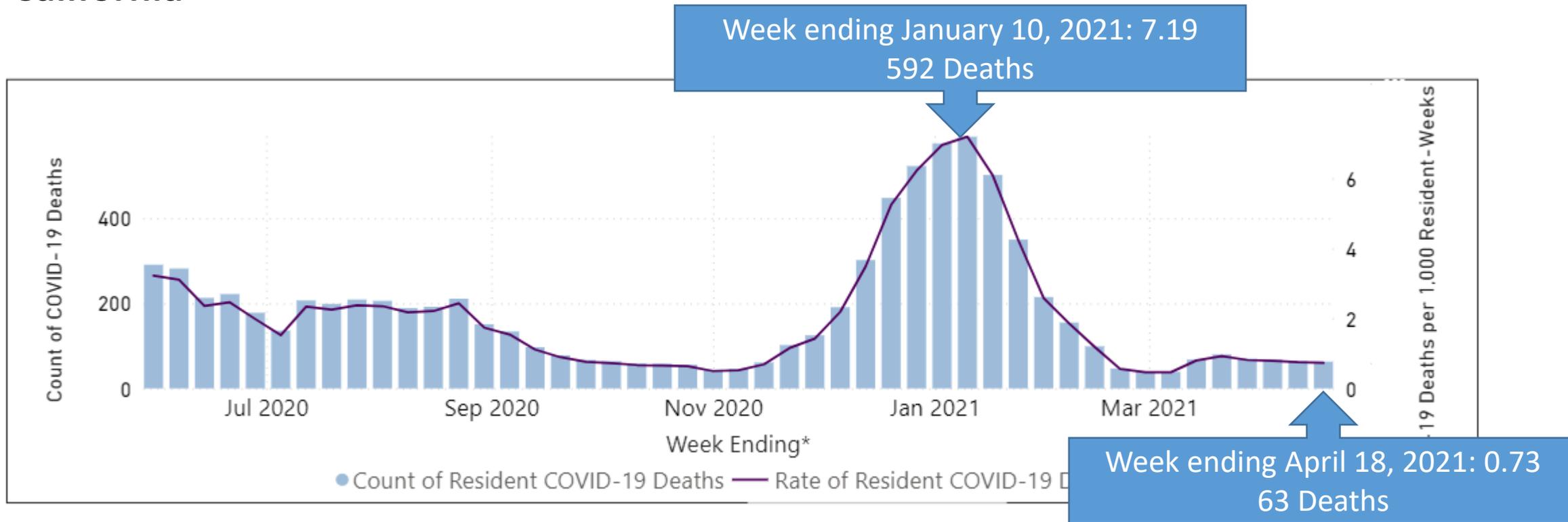
California

Week ending December 20, 2020: 58.65
5,014 Cases

Week ending April 18, 2021: 0.43

https://www.cdc.gov/nhsn/covid19/ltc-report-overview.html

COVID-19 Deaths among Residents and Rate per 1,000 Resident-Weeks in Nursing Homes, by Week—United States

California

Week ending January 10, 2021: 7.19
592 Deaths

Week ending April 18, 2021: 0.73
63 Deaths

https://www.cdc.gov/nhsn/covid19/ltc-report-overview.html

Confirmed COVID-19 Cases among Staff and Rate per 1,000 Resident-Weeks in Nursing Homes, by Week—United States

California

Week ending December 20, 2020: 48.52
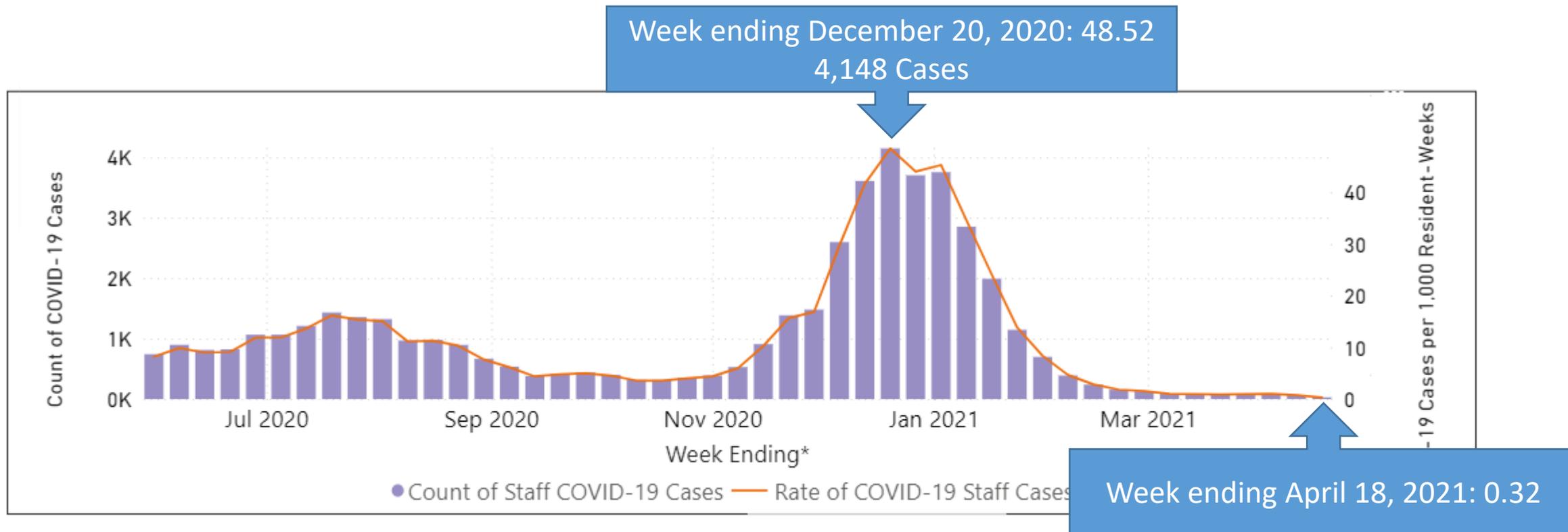4,148 Cases

Week ending April 18, 2021: 0.32

https://www.cdc.gov/nhsn/covid19/ltc-report-overview.html

Mindfulness Moment

Quality Improvement Corner

Poll Question #1

Our facility revises its QAPI plan on an ongoing basis using lessons learned from implementing performance improvement projects (PIPs).

How long has this process consistently been in place?

- In place 6 months or more

- In place less than 6 months

- Plan to implement/start date set

- Plan to implement/no start date sent

- Not implemented/No plan

The Importance of Your QAPI Plan

- The QAPI plan guides your facility's overall performance improvement. It is a living document that the facility will continue to refine and revisit.

https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/QAPI/downloads/QAPIPurpose.pdf

Guide for Developing Purpose, Guiding Principles, and Scope for QAPI

Directions: Use this tool to establish the purpose, guiding principles and scope for QAPI in your organization. The team completing this worksheet should include senior leadership. Taking time to articulate the purpose, develop guiding principles, and define the scope will help you to understand how QAPI will be used and integrated into your organization. This information will also help your organization to develop a written QAPI plan. Use these step-by-step instructions to create a separate document that may be used as a preamble to your QAPI plan.

STEP 1. LOCATE OR DEVELOP YOUR ORGANIZATION'S VISION STATEMENT

A **vision statement** is sometimes called a picture of your organization in the future; it is your inspiration and the framework for your strategic planning. Consider involving staff in the development of your vision statement. Post it for everyone to view.

For example, the vision of the Good Samaritan Society is to create an environment where people are loved, valued and at peace.

STEP 2. LOCATE OR DEVELOP YOUR ORGANIZATION'S MISSION STATEMENT

A **mission statement** describes the purpose of your organization. The mission statement should guide the actions of the organization, spell out its overall goal, provide a path, and guide decision-making. It provides the framework or context within which the company's strategies are formulated. As above, get caregivers involved in establishing your organizations mission.

For example, Meadowlark Hills is each resident's home. We are committed to enhancing quality of life by nurturing individuality and independence. We are growing a value-driven community while leading the way in honoring inherent senior rights and building strong and meaningful relationships with all whose lives we touch.

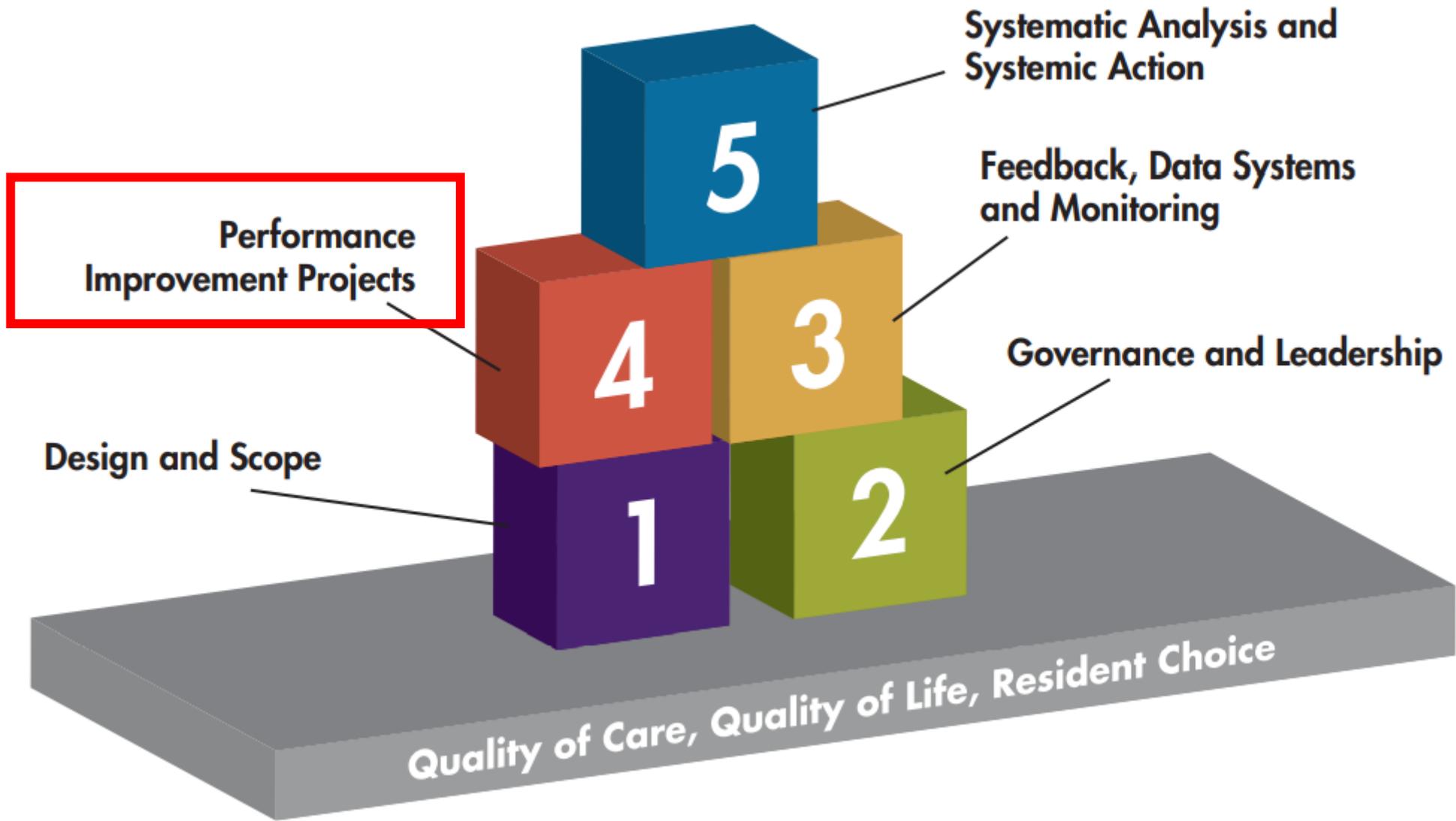**STEP 3. DEVELOP A PURPOSE STATEMENT FOR QAPI**

A **purpose statement** describes how QAPI will support the overall vision and mission of the organization. If your organization does not have a vision or mission statement, the purpose statement can still be written and would state what your organization intends to accomplish through QAPI.

For example, the purpose of QAPI in our organization is to take a proactive approach to continually improving the way we care for and engage with our residents, caregivers and other partners so that we may realize our vision to [reference aspects of vision statement here]. To do this, all employees will participate in ongoing QAPI efforts which support our mission by [reference aspects of mission statement here].

Knowledge Check

Which of the following is not one of the five elements of QAPI?

- Design and Scope

- Governance and Leadership

- Feedback, data systems, and monitoring

- Organizational communications plan

- Systemic analysis and systemic action

Systematic Analysis and Systemic Action — 5

Feedback, Data Systems and Monitoring — 3

Performance Improvement Projects — 4

Governance and Leadership — 2

Design and Scope — 1

Quality of Care, Quality of Life, Resident Choice

Use HSAG's Example QAPI Plan as a Benchmark

https://www.hsag.com/contentassets/cf3caa92784541d287d94da0ae266697/nhqcc_sample-qapi-work-plan_2016_template.docx

Quality Improvement Organizations — Sharing Knowledge. Improving Health Care. CENTERS FOR MEDICARE & MEDICAID SERVICES | HSAG HEALTH SERVICES ADVISORY GROUP

[Year] Quality Assurance & Performance Improvement (QAPI) Plan for [Name of Facility]

Vision

A vision statement provides a "picture" of your organization in the future; it is your inspiration and the framework for your strategic planning.

Example: The vision of the Good Samaritan Society is to create an environment where people are loved, valued, and at peace.

Mission

A mission statement describes the purpose of your organization. The mission statement should guide the actions of the organization, spell out its overall goal, provide a path, and guide decision-making. It provides the framework or context within which the company's strategies are formulated.

Example: Meadowlark Hills is each resident's home. We are committed to enhancing quality of life by nurturing individuality and independence. We are growing a value-driven community while leading the way in honoring inherent senior rights and building strong and meaningful relationships with all whose lives we touch.

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Poll Question #2

Our facility engages all relevant departments and staff to improve QM performance (e.g., CNAs, food and nutrition, housekeeping, maintenance, nursing, pharmacy, etc.).

How long has this process consistently been in place?

- In place 6 months or more

- In place less than 6 months

- Plan to implement/start date set

- Plan to implement/no start date sent

- Not implemented/No plan

Include All Departments in Your QAPI Agenda

- **A QAPI program must be ongoing and comprehensive, dealing with the full range of services offered by the facility, including the full range of departments."**

https://www.hsag.com/contentassets/221d31dfefba402488c41f56e565aeb4/qaaqapimeetingagendaguidefinal.pdf

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Quality Assurance and Assessment (QAA)/Quality Assurance & Performance Improvement (QAPI) Meeting Agenda Guide

Date of Meeting

The facility is required to have a QAA committee (do not need to use this name) that meets at least quarterly, and as needed, to coordinate and evaluate activities under the QAPI program. Although meeting quarterly is the requirement, many homes choose to meet monthly or weekly to review and evaluate progress toward quality improvement goals.

Attending

The following members are required to be on the QAA committee:

- Director of Nursing Services
- Medical Director
- Nursing home administrator, owner, board member, or other individual in a leadership role
- Two other staff members
- The infection prevention and control officer (required by November 28, 2019)

Other suggested members of the QAA committee:

- Quality Coordinator
- Minimum data set (MDS) Nurse
- Dietary Director
- Housekeeping Director
- Activities Director
- Resident/Family Representative

Chat Waterfall Question

- What is one action you can take this next week to strengthen your organization's QAPI program?

Post-Vaccination Practices

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This Week's Closing Discussion

How are you monitoring, tracking, and acting on COVID-19 vaccinations needs for staff and residents? What are your challenges?

Today's Key Takeaways

Closing Poll Question

How much will the information from today's session help you improve your quality-improvement and COVID-related programs?

- Not much

- Some

- A lot

- Not Sure

See You Next Week!

- Same time, same day: ENTER DATE

- Registration link:

- Email for questions/ideas:

The upcoming Q&A Section is OPTIONAL. You are welcome jump off the line.

General Q&A

Thank You!